

March

St. Stephen Protomartyr

FOOD IN FOCUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Toast Slice Crispy Bacon Slice Yogurt Frosty Peaches 3	STAR WARS DAY Luke Skywalker Chicken Strips Boba Fett BBQ Sauce Stormtrooper Corn Mini Yoda Fruit Ewok Cookie 4	Cheese Stuffed Bosco Stick Fresh Veggies & Dip Orange Wedges Yogurt 5	Popcorn Chicken Boat Tossed in Corn & Mashed Potatoes Mixed Fruit Creamy Pudding 6	PAPA JOHNS Cheese PIZZA Garden Salad Apple Slices Ice Cream 7
Fluffy Pancake Pork Sausage Patty Fresh Melon Creamy Yogurt 10	Mostaccioli with Meat Sauce Tossed Salad with Dressing Fresh Apple Slices Breadstick 11	Goopy Cheese Pizza Tossed Salad with Ranch Dressing Grapes Chilled Pudding 12	ST. PATRICK'S DAY Blarney Stones (Nuggets) Pot O'Gold (Corn) Shamrock Salad Leprechaun Jell-O 13	No Lunch 14
No School Spring Break 17	No School Spring Break 18	No School Spring Break 19	No School Spring Break 20	No School Spring Break 21
Pancake & Sausage Bites Golden Hash Browns Frosty Peaches Yogurt 24	HAPPY SPRING Sunny Spaghetti with Sauce Springtime Salad Bountiful Breadsticks Blooming Blueberries 25	Bosco Pepperoni Stick Tossed Mixed Greens Diced Peaches Creamy Yogurt 26	Breaded Chicken Patty French Fries Fresh Veggies & Dip Mandarin Orange 27	PAPA JOHNS Cheese PIZZA Garden Salad Apple Slices Surprise Dessert 28
French Toast Sticks Golden Hash Brown Crispy Bacon Clementine 31	<h3>Did you know?</h3> <p>National Registered Dietitian Day is March 12th. Dietitians plan meals to help people obtain proper nutrition and stay strong and healthy as possible. Thank you to our RD, Lisa Baragiola!</p> 			

**Monday –Spinach Salad
Bagel & Cream Cheese**

Tuesday –BLT Salad

BLT Wrap

Wednesday– Chicken Caesar

Chicken Caesar Wrap

Thursday –Taco Salad

Taco Wrap

Friday – Chef Salad

Cheese Quesadilla

Tuesday Treat

March 4 & 7 – Ice Cream

March 11 – Big Cookie

March 25 – Chips Ahoy

March 28- Surprise Dessert

**The Cafeteria Manager can be contacted at
350manager@foodserv.org**

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

FSC